

Stay connected during COVID-19 with messages of support, faith and encouragement through **Tell Us Now**.

Visit **www.theobh.com/TellUsNow** and scroll to the bottom of the page to fill out the form.

- Type your loved ones **first and last name**.
- Add your phone number or email so we can contact you if needed.
- Select **"Family Member"**, type in the patient's unit/area, and select **"Card"**.
- Type your message in the **"Comment"** box with your name at the bottom.
- Verify that you are not a robot and click **"Submit"**.

The Outer Banks Hospital will deliver your message in a personalized card.

You may also visit your loved one by cell phone or through apps like FaceTime (Iphone users), Facebook Messenger, Skype, Google Duo.

Your love makes a difference. Please share it with the one you love.

