



VISITOR RESTRICTIONS

Thank you for trusting The Outer Banks Hospital and Medical Group to care for you and your loved ones. The safety of our patients, visitors and team members is our top priority. As we monitor and respond to the COVID-19 pandemic, we are taking steps to ensure the safety of all. The Outer Banks Hospital and Medical Group remains vigilant with its screening process for all visitors, entry requirements and visitor restrictions by department and practice. We continue to closely track local data and will adjust visitation restrictions accordingly.

In following the ADA (Americans with Disabilities Act) guidelines, visitors who need assistance due to a disability may have an additional individual with them when visiting a loved one to help navigate the current visitor guidelines.

All visitors will be screened and masked and asked to follow the entry requirements below.

We strongly encourage visitors to consider virtual visitation options such as FaceTime and phone calls. Assistance with virtual visits, including iPads for patients without the necessary technology, is available on request. Virtual visitation is the safest way to stay connected with a loved one.

Visitor Screening Process:

1. Have you tested positive for COVID-19 within the past 14 days or waiting on the results of a COVID-19 test?
2. Have you had close contact with a person with confirmed or suspected COVID-19 in the last 14 days?
3. Have you had any of these symptoms in the past 48 hours:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste of smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Any other symptoms of illness

If yes to any of the above - Visitor may not enter

Entry Requirements:

1. Temperature check: Temperature must be under 100°F degrees
2. Masking: Wear mask at all times in the building. Screeners will provide you a hospital mask if you do not have one. Cloth masks are permitted.
3. Hand washing: Visitors must gel or use hand sanitizer on entry.
4. Social distancing: Avoid close contact with others.
5. Limit personal belongings during your visit.
6. Limit your visit to the patient room, and kindly do not go elsewhere in the hospital except for the Café.

Visiting Hours and Restrictions by Department

All visitors must be screened and follow entry requirements:

Hospital Inpatient Departments, Including Surgical Inpatients	7am to 7pm	<ul style="list-style-type: none"> • One (1) healthy adult visitor screened and masked at all times may visit between the hours of 7am to 7pm only. • Visitor must stay in patient's room unless visiting the café. • Visitor may not leave and re-enter, or switch out with another visitor during hours of visitation for the day.
Labor & Delivery/ Maternity	Open hours	<ul style="list-style-type: none"> • One (1) healthy designated partner screened and masked at all times. • Partner must remain at the bedside unless visiting the café.
Surgical Outpatient Procedures That Require Sedation or Anesthesia	On day of surgery or procedure	<ul style="list-style-type: none"> • One (1) healthy adult visitor screened and masked at all times may wait with patient until that patient proceeds to their surgery or procedure. Visitor may return at time of discharge.
Emergency Department	Open hours	<ul style="list-style-type: none"> • One (1) healthy adult visitor screened and masked at all times. • Visitor must stay in patient's room unless visiting the café. • Visitor may not leave and re-enter, or switch out with another visitor during hours of visitation for the day.
Medical Practices and Outpatient Clinics	During time of appointment	<ul style="list-style-type: none"> • One (1) healthy adult visitor screened and masked at all times may visit during time of appointment. • Visitor may not leave and re-enter, or switch out with another visitor during hours of visitation for the day.

Exception to Visitor Restrictions Include:

End-of-Life	Open Hours	<ul style="list-style-type: none"> • Family members who are screened and masked may visit with guidance from care team and should call the unit for guidance.
COVID-19 Positive Patients	No visitors allowed	<ul style="list-style-type: none"> • No visitors allowed. Ask nurse for accommodations regarding virtual visits.

Thank you for helping us keep those we love safe.

